

# **PATIENT FACT SHEET**

## **TALKING TO YOUR PARTNER**



**Talking to your partner about Erectile Dysfunction can be difficult. But taking a first step can lead to a shared journey to erectile restoration. You may be surprised by what your partner is thinking.**

### **CASUAL APPROACH:**

- Can we talk about why we've stopped having sex?
- There's something on my mind and I find it difficult to talk about.
- The fact is I haven't been able to make love with you. I want to change that.
- I know we've been distant lately. I think it's me. I'm afraid to start anything in the bedroom in case I can't finish.

### **DIRECT APPROACH:**

- Hey, can we talk about our sex life a bit?
- I have trouble in bed sometimes. I'm afraid it might be ED.
- Let's call a doctor and see if there's something else we can try.
- I'm going to do something about ED and I want your help.

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